



# مدرسة جيه اس اس الخاصة JSS PRIVATE SCHOOL

Grade 6 to Grade 8

JSSPS/CTP/PO/GEN/147/24-25

27<sup>th</sup> January 2025

## Subject: JSSPS Wellness Wonderland

Dear Parents,

Greetings from JSSPS!!

“Pay attention to the natural rhythm of your breath and let go of any distractions or racing thoughts.”

We are delighted to inform you about our annual event, "Wellness Wonderland," curated by middle school students. The event aims to nurture holistic wellbeing through engaging activities designed to promote physical, mental, and emotional health.

The Wellness Wonderland will feature different interactive zones, offering the JSS community unique and engaging experiences to enhance their overall wellbeing:

1. Serenity Sanctuary
2. Health Haven
3. Fun Fiesta
4. Playground Paradise
5. Entertainment Zone
6. Interactive Island

All students will participate, and each class will have separate activities within each zone.

Date: **7th February 2025**

All students are requested to pay **15 AED** participation fee towards the program. (This fee will cover the cost of required materials and refreshments). Students will receive a certificate for organizing the event.

We encourage your child to participate in this fun and enriching experience. We are delighted to invite our parent community as well to explore the variety of interactive wellness zones designed to promote holistic development and relaxation for all. Together, let us work towards building a happy, healthy, and resilient community.

Please return the attached form with your child's name and the entry fee by **29th January 2025** to your class teacher. Further details will be shared by the class teacher shortly.

We look forward to your enthusiastic support!

Stay safe; Stay healthy; Stay connected.

Warm Regards

Sd/-..

**Chitra Sharma**  
**Principal**

**Acknowledgment Slip**

I, \_\_\_\_\_, parent/guardian of \_\_\_\_\_ of Grade \_\_\_\_\_,  
acknowledge receipt of the circular regarding the "Wellness Wonderland" event and permit my child  
to participate. (15 AED enclosed)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_