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Welcome to the new academic year 2023–24 with VERVE! The 12\textsuperscript{th} Edition of the Monthly e-magazine of JSS Private School wears a new look and we extend Ramadan wishes to our dear readers. We are extremely proud and happy to share some exciting events and programs that were conducted in our school, alongside few excellent contributions from parents and staff. This edition will update you on modern happenings and amuse you with games and riddles, book recommends for the young readers, April Playlist for the music lovers, and a visual gallery in addition to exhibiting the capabilities of our faculty community to the world. We would like to thank CEO Sir, Mr. Govindrao Naik, our Principal Ms. Chitra Sharma, and Vice-Principal Ms. Bindhu Rajiv for their ongoing support in our endeavor. We will continue to give our best by enriching our content for your entertainment. You are welcome to share your contributions to Verve on or before the 20th of every month.

Sit back and enjoy this edition of VERVE! Do share in your comments and suggestions to vervejssps@gmail.com. Thank you all for your continued support!
HIGHLIGHTS FROM KINDERGARTEN
Welcome to Kindergarten– First day of KG1&2
Our tiny tots of KG1 and 2 were welcomed by our very own ‘Mirror Man’ who enthralled them with his robotic moves and grooves. Students of KG2 and Teachers sang their favorite number ‘Welcome to JSS Private School’ song, which brought a smile on their cute faces. Students were also engaged in a variety of art and craft work.

International Mother Earth Day:
The Earth does not belong to us, We belong to the Earth. It was with great enthusiasm and pride, our dear little artists of kindergarten came up with wonderful and creative posters on the occasion of Earth Day. They depicted ways to save electricity, water and showcased the 3R’s – Reduce, Reuse, Recycle to encourage sustainable learning among all of us.

Parent Orientation–KG1 AND 2
JSSPS Kindergarten conducted the Parent Orientation for the AY 2023–24, at the school auditorium where parents were briefed on the routines, curriculum, teaching and learning and expectations in their child’s journey in the coming year by the Supervisor and teachers. Parents along with their little ones gathered in huge numbers where they also got an opportunity to meet their child’s class teacher to begin this exciting year on a grand note.
International Dance Day Celebration— During Assembly

Dance is the hidden language of the soul. This special day was enjoyed by one and all as our ever-enthusiastic Kindergarteners tapped their feet and swayed to the tunes led by Ms. Merina and Mr. Vinod.

Kindergarten Arabic Theme Party:

With the onset of Ramadan kickstarting with this new AY, students of kindergarten took part in EID celebrations highlighting the ‘Arabic Theme’. They came dressed in traditional Arabic attire, boys in Kandura’s and girls in Abayas and greeted each other – ‘EID Mubarak’. Girls were excited to apply henna on their hands and all students took away a lovely EID card to greet their family and friends.

Online Phonics Workshop for Parents:

Phonics has been championed in making a difference in the way children learn literacy, helping them master reading skills much faster and more effectively. Our dear Parents of Kindergarten were invited to join an online workshop on strategies to teach phonics to their children in the same way as teachers do at school, to guide them in the best possible way at home.

KINDERGARTEN
HIGHLIGHTS FROM PRIMARY SCHOOL
“Phase 2 Students Receive Guidance on Performance and Conduct from School Leaders”
The students of phase 2 were addressed by the Principal and Supervisor. They were instructed about setting the expected performance and emphasized on the code of conduct that must be observed in the classroom and in school.

"JSSPS Kicks Off New Session with a Week of Fun-Filled Activities!"
The first day of the session is always exciting at JSSPS! The week had been packed with fun-filled activities for the students- ice-breaking session, decorating of the classroom, door and board and doodling.

"Phase 2 Students Showcase Impressive Speaking Skills during JSS Ignite session.”
JSS Ignite was conducted for phase 2 students on 10th April, 2023. Our wonderful students spoke fluently and confidently on the topics which were shared with them in the previous week.
"Exploring the World of Autism: Phase 2 Students Gain Empathy through Tactile Activity"

To spread the awareness of autism in the classrooms, the phase 2 students participated in a tactile activity (fear of the unknown) where students had to close their eyes and explore their friend's bag to find an object and determine its shape, texture and size. This activity helped them to be aware of the fear of any new event or place experienced by the children with autism.

RAMADAN COLLECTION FOR LABOUR CAMP

On 10th and 11th of April 2023, the Islamic Committee of JSS Private School organized a meaningful community outreach program, "Ramadan Collection Drive". The program was aimed at collecting essential items for the labor camp, and phase 2 students wholeheartedly participated by donating a variety of items. Through this generous act, these compassionate students showcased their commitment towards serving the community and helping those in need. The school extends its gratitude to the students and parents for their kind and generous donations. Their selfless contributions have undoubtedly made a significant difference in the lives of those who received them.
"JSSPS Model COP Inspires and Empowers Phase 2 Students"

The JSSPS Model COP event took place on the 11th and 12th of April, providing Phase 2 students with an opportunity to showcase their skills and participate in various activities. The event was a great success, and the school administration would like to thank all the students who participated for their enthusiasm and dedication.

Achieve – 3000
Identifying Reading Needs: JSSPS Utilizes Achieve 3000 Pretest for Student Assessment

Islamic Committee Assembly Ramadan Special

JSS Private School's Islamic Committee organized a special assembly on the holy month of Ramadan, and the students of Phase 2 put up an informative and engaging presentation to promote the values and meanings of this significant time.
JSS Private School is proud to announce the nomination of several outstanding students for leadership roles. These students have been selected based on their academic achievements, leadership skills, and their commitment to making a positive impact in the school community.

The selected students will deliver speeches to the entire school community on 24th April 2023, where they will share their vision and goals for their respective roles. They will also explain why they are the best candidate for the position, emphasizing their unique strengths and qualifications.

The general election promises to be an exciting and inspiring event, where students will have the opportunity to exercise their right to vote and choose the leaders they believe will represent them best. The school administration looks forward to the election and is confident that the chosen leaders will fulfill their roles with distinction and inspire the rest of the student body to achieve greatness.
"BUILDING POSITIVITY THROUGH MORNING CIRCLE TIME ACTIVITY AT JSSPS"

JSS Private School believes in fostering a positive and supportive learning environment for its students. As part of the school's commitment to this belief, the morning circle time activity has been designed to build positivity and promote a sense of community among students. During this activity, students engage in positive energizers, which are brief exercises designed to lift their mood and energize them for the day ahead. These energizers involve activities like group games, breathing exercises, and affirmations, which help students to build positivity within themselves and among their peers.

"NASO OLYMPIAD 2022–2023"

JSSPS celebrating the incredible achievements of the outstanding students who have been awarded certificates and medals for their exceptional performance in the National Astronomy and Science Olympiad (NASO) exams of 2022–2023!

We are incredibly proud of all of you for demonstrating such an exceptional understanding of astronomy and science concepts, and for dedicating yourselves to your studies with such passion and commitment.
International Dance Day
JSSPS celebrated International Dance Day in style by conducting an exhilarating dance workshop on Wednesday, 26th April. The workshop allowed students to learn new dance moves and techniques while celebrating the cultural significance of dance. The workshop was a resounding success, and the students enthusiastically participated in the activities with great zeal and energy.

The dance instructor our own school parent Ms. Sailee Thatte was highly skilled and experienced, and her passion for dance was contagious, inspiring the students to give their best effort.

"O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous" -- Surat Al-Baqarah 2:183

On the occasion of Holy month of Ramadan, the Students Islamic Committee organized Speaking competition program for Middle and Secondary school on 16th of March, 2023 Title “Welcome Ramadan”.

The competition was hosted by Mr. Jaweed from IACAD. Students delivered short address on given topics about the Holy Month of Ramadan such as Ramadan month of tolerance, Ramadan month of change etc.

Certificates were awarded to all participants as well as prizes to 1, 2, and 3rd winners by IACAD.

This was wonderful experience for Islamic and non-Islamic students to be the part of the auspicious event.
JSS IGNITE

The JSS Ignite program is an exemplary initiative aimed at nurturing the speaking skills of students, enabling them to express their ideas, thoughts, and emotions with greater confidence and clarity.

On 24 April 2023, the program was conducted, and the classroom was brimming with an atmosphere of eagerness and enthusiasm as the students got ready to showcase their speaking skills.

Junior Duke Award Scheme

The Junior Duke Award scheme is an exciting opportunity for students to learn and develop practical skills in a fun and engaging way. By completing tasks and recording their progress, students can see their growth and progress over time. They are also motivated to take on new challenges and develop their skills further.

The school administration is thrilled to have introduced this initiative and believes that it will help prepare students for the challenges they will face in their future careers and personal lives. The Junior Duke Award scheme is just one of the many ways that JSSPS is committed to providing holistic education to its students.
HIGHLIGHTS FROM MIDDLE & SENIOR SCHOOL
75th World Health Day at JSSPS

The Physical Education Department of JSSPS organized and conducted an event for the 6th Grade of Middle School on the 75th World Health Day 7th of April 2023, created by the UN.

The Event contained several fun training exercises and practices that the students performed in order to encourage their improvement of health. Students each wore green shirts while attending the event.

The PE Department explained greatly the importance of Health and the benefits of maintaining health in order to generate awareness in the young minds of Grade 6.

To generate Good health, The PE Teachers with their experience in the field, provided key information on the ways to improve fitness and healthiness to one's body and mind.

FIRST WEEK OF MIDDLE SCHOOL

The first week of Middle school started off with a huge blast for the students as they get to know each other and forged bonds of friendship with each other throughout the Academic year. The students had fun by enjoying themselves in class initiatives set by the Teachers and played minor games such as Paperball fights, and drawings, and conversed on fun topics.

Not only that, but the students engaged themselves in fun activities such as Mask making hosted by Art Teacher, Mr. Chandrashekhar, and creative writing doodling initiated by English teachers to signal the beginning of a joyous Academic year for all middle schoolers.
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As READING takes highest priority and recognised as one of the key aspect of NAP, a very insightful workshop was conducted by GL giving a complete information on data triangulation and conduct of ongoing reading assessments.

Our teachers Ms.Rajeswari, HoD CS and IT, Ms.Gowri, HoD English and Mr.Vishnu Varthan, External Exam Coordinator, attended the session to strengthen our understanding and personalise students' learning. Such an enriching session :)

Shastra Pratibha Contest
Thanks to Science India Forum UAE for organizing the 16th Shastra Pratibha Contest 2022. JSS PS students were given certificates at the felicitation ceremony held at the BITS Pilani Dubai Campus on Sunday, 19th March 2023, in the gracious presence of Padma Bhushan Shri. Nambi Narayan. Students felt blessed to have the opportunity to interact with Shri Nambi Narayanan.
We are celebrating Autism Awareness Month at JSSPS.

Colors are all different

Flowers are of different shades

Different hues are strewn across the rivers

Why should we worry

If you and me are also different

Why name good and bad

Why call high and low

Why not just you and me!!!

Why spread Autism Awareness

Why ask Autism Acceptance

Why not World AWEtism Month!!!

Come let’s be AWE some this month....
"GIVING IS THE GREATEST ACT OF GRACE"

We are extremely proud of little Alia, who decided to donate her hair in the summer vacation, and was kind and selfless to courageously give a piece of herself to help others. Alia Tulsani has been growing her hair for years, and it has become a big part of her identity. However, when she learned about how people who have experienced hair loss due to illness or medical treatments could benefit from hair donations, she knew that she wanted to do something to help.

Therefore, with much excitement and anticipation, she went and got her hair cut and donated it to be used in wigs for those who need them. Seeing her smiling face after the haircut, knowing that her hair will help someone else feel confident and beautiful.

We hope that her act of kindness might inspire others to consider donating their hair or finding other ways to help those in need. Kudos to Alia!
JSS Private School has announced that it will be hosting its JSSPS Model COP, an event that aims to educate and engage students on sustainability and climate action. This initiative is in line with the UAE’s ‘Year of Sustainability’, a national campaign that focuses on environmental sustainability, and the legacy of the late Sheikh Zayed bin Sultan Al Nahyan.

The ‘Year of Sustainability’ is a nationwide commitment towards sustainable practices that brings together everyone who calls the UAE home to work towards a prosperous future. It includes several initiatives, activities, and events that draw upon the UAE’s deep-rooted values of sustainability. The UAE will also host the 28th Conference of the Parties to the UN Framework Convention on Climate Change (COP28) in November 2023 at Expo City Dubai, where the world will unite towards agreement on bold, practical, and ambitious solutions to the most pressing global challenge of our time.
The JSSPS Model COP is an opportunity for students to understand and participate in the transition to a low-emission, climate-resilient world. It aims to inspire collective action and encourage sustainable lifestyles and patterns of consumption and production, which are fundamental to reducing greenhouse emissions and enhancing resilience to the inevitable effects of climate change.

When asked what COP means to students, Michelle Figredo, vice-president of the environment committee — grade 8, said: “COP is a global initiative taken to combat climate change which is why JSSPS Model COP will be a platform for students to express their voices, opinions and suggestions on solving problems based on climate change.”

Vijval Mundra, ambassador of the environment committee — grade 7, said: “The learning will provide insights into the strategies, and technologies that can help countries achieve their climate goals and reduce greenhouse gas emissions to limit global warming.” JSS Private School is excited to host this event, which will take place in the lead-up to COP28 and provide students with a platform to share their ideas and solutions for a sustainable future.

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GALLERY
GALLERY OF THE MONTH

RAHMA FATIMA (KG2 D)

FATHIMA NAZRIYA (KG2C)
GALLERY OF THE MONTH

HUMAYL KG1 E

THANVEE VASANATH KG 1 - C

AMAAN ARVIND - 8C

VITHUN KG2E

KIYANSH SAURIN SHAH
GALLERY OF THE MONTH

AYESHAA AHMAD SIDDIQUI 2B

ADVika PRATHEESH 2-D
ARTWORKS

ADVIKA PRATHEESH 2-D

S. KESHAV SEENI - 12D

S. ANAGHA 2D

CALLEN 3D

H&M UNIVERSITY FASHION COLLECTION

S. ANAGHA 2D
1) The brain of a newborn baby is about 3 ounces and that of an adult is 3 pounds. The brain sends messages to all other parts at a speed of 240 miles per second. The left side of the brain controls the right side of the body and vice-versa.

2) Our eyes are constantly in motion even when sleeping. The constant eye movement while sleeping is called REM or Rapid Eye Movement. Tears are secreted through 2 canals near the inner corners of the eyes.

3) We have around 650 muscles in our body. The strongest one is the heart. The smallest one is located in our middle ear and our fingers don’t have any muscles.

4) We have around six pounds of skin in our bodies. The two layers of the skin are the epidermis and dermis. It protects our body and helps to regulate our body temperature. Melanin is the substance present in the skin which colour the skin. More melanin means darker skin.

5) A newborn baby has 300 bones which later fuse to form the final 206 bones in the adult. Each hand of ours has 27 bones, out of which eight are in the wrist, five are in the palm and 14 in the fingers. The largest bone is the femur or the thigh bone and the smallest is the stirrup (in the ear) which is around 1/10 of an inch.

6) Our nose can recognise around 1000 of different smells. It is the air conditioning unit of the body. It cools or warms the incoming air. It also filters the dirt and dust in the air. Around 2500 gallons of air flow through an adult’s nose each day.

7) Nails are made up of a protein called keratin which is also present in the hair. Nail protect the ends of our fingers and toes. The half moon at the root of the nail is called lunula. Nails grow faster in the summer than in the winters. Finger nails grow four times faster than toenails.

8) The human tongue is divided into two parts, an oral part at the front and pharyngeal part at the back. The left and right sides are also separated along most of its length by a vertical section of fibrous tissues (the lingual septum) that results in a groove, the median sulcus, on the tongue’s surface.

By Tanmay Vallamkonda
6D
"HUMARA LAKSHY"
Poem by Roshini Nayak of Grade 8C

हमसंग लक्ष्य

भारत हमारा देश हैं,
हमे उसके लोग हैं।
हमारे बिना भारत अद्वृत,
बिना हृदय या जीवित।

नहीं तालाब काफी चौंकी नज़रें रहते,
उनका सदृश योग कसना
है। चाहें बिल्कुल हमारे।

हमें लिख आजादी भिली,
उम्मीद के लिए इक कदम न उठाएँ,
भारत नहीं है अन्य नहीं हम,
बिना कौन करण के।

अगर वाले विदेशों आये,
उसी पर हम भी यह सच्छ
आग नहीं कोड़े।
तो कौन क्यों करल कहूँ?

आजादी थ महना कदम,
बेड़ा अपनी भी हूँ इसे।
आग नहीं कोड़े परिश्रम,
तो आगे कल के उसका ही पल्ला।

लक्ष्य नहीं जो श्रेगा हमारा अद्वृत,
पूरा करने अग आग नहीं तो कश्म।

- रोशनी नायक कक्षा 8C
With the release of Ponniyin Selvan 2, all the pieces of Mani Ratnam’s films will come together, said acclaimed actor Vikram on Tuesday. The actor, who plays Aditha Karikalan in the pan-India film, said the team didn’t think the first part of the historical fiction drama, based on Kalki Krishnamurthy’s 1955 Tamil novel of the same name, will break “all records in the south”. What they knew was that it would be received well as it was true to the Tamil culture.
JIMIN'S 'LIKE CRAZY' DEBUTS NO.1 ON BILLBOARD HOT 100

According to Billboard Jimin's “Like Crazy” single has debuted at No. 1 on the Hot 100 chart, making history as the first and only Korean solo artist and the only Asian solo artist in the past six decades to achieve #1 on the US Billboard Hot 100 chart. On its first day available, Jimin's debut solo album FACE sold 1,021,532 physical copies worldwide in its first day, according to South Korea's real-time album sales Hanteo Chart.

Grammy-nominated BTS is one of the most successful boy bands in music history. In addition to Jimin, its members are Jin, Suga, J-Hope, RM, V, and Jungkook. Jimin’s new song sold 254,000 song downloads and CD singles combined and drew 10 million streams and 64,000 radio impressions in its first week, according to Billboard.
When the first Earth Day took place on April 22, 1970, its founder and the supporters probably never envisioned the event being celebrated at one of the world’s most prominent music festivals five decades later.

Over the years, environmental education has been one of the many forms of activism and something that the Los Angeles non-profit Global Inheritance has been partnering with the Coachella Valley Music and Arts Festival to share since 2004. The group works with the festival to raise sustainability awareness and help to reduce environmental footprints at the massive event throughout both weekends.

Eric Ritz, executive director and founder of Global Inheritance, said that the most crucial aspect of this education is to make the experience fun and memorable so that people can incorporate better environmental habits in their everyday lives.

The longest-running program at the festival is TrashED Coachella, which commissions local artists to decorate unique recycling bins displayed throughout the festival grounds. Some incorporated the festival’s performers, such as Bad Bunny’s iconic red heart from his album, “Un Verano Sin Ti,” and a bin resembling the Gorillaz animated character 2-D. The most promising program is perhaps the “Carpoolchella”, where festival attendees are encouraged to carpool with a group of four or more and decorate their vehicles for a chance to win prizes and VIP passes for life to the festival.
SPORTS NEWS
"Arjun, today you have taken another important step in your journey as a cricketer. As your father, someone who loves you and is passionate about the game, I know you will continue to give the game the respect it deserves and the game will love you back," tweeted Tendulkar along with father-son pictures.

Arjun became the first son to play for the same Indian Premier League (IPL) franchise that his father Sachin Tendulkar represented for many years. "You have worked very hard to reach here, and I am sure you will continue to do so. This is the start of a beautiful journey. All the best," he said.
India's Nithya Sre Sumathy Sivan claimed twin gold medals following a stellar run at the Brazil Para-Badminton International here. The 18-year-old Nithya defeated Peru's Giuliana Poveda Flores 22-20 21-11 in the women's singles SH6 category finals to win the gold medal. She also combined with Sivarajan Solaimalai to beat Hong Kong's Chu Man Kai and Choi Wing Kei 21-11 21-17 in the mixed doubles SH6 final.
NEYMAR TO RETURN TO PARIS AT END OF APRIL

Despite PSG’s recent struggles on and off the pitch, He has been keeping himself entertained during his recovery. He is still wearing an orthopedic boot as he continues his rehabilitation, but he is expected to remove it once he returns to Paris. The PSG forward has been keeping his fans updated on his progress through social media.

According to RMC Sport Paris Saint-Germain forward Neymar is expected to return to Paris at the end of April having been recovering from his ankle injury in his home country of Brazil. This comes after the Brazilian sustained an injury during a Ligue 1 match against Lille on February 19th, and underwent surgery in Qatar on March 10th. He has been accompanied by two members of PSG’s staff, Rafael Martini and Ricardo Rosa.
CURRENT AFFAIRS
Ghana has made history by becoming the first country to approve a highly effective malaria vaccine developed by scientists at the University of Oxford in the UK. The vaccine, called R21/Matrix-M, has exceeded the World Health Organization’s target of 75% efficacy, making it a significant milestone in the fight against malaria.
AIIB IN ABU DHABI

AIIB is a multilateral development bank whose mission is financing infrastructure with sustainability at its core. With UAE hosting the COP28 later this year, the issue of climate finance remains a key concern for countries who are being asked to accelerate and raise ambition on climate action. The operational office would serve as a strategic destination in the Middle East and the world, supporting the Bank’s development agenda and financing infrastructure projects to achieve sustainable economic growth, especially where it is needed the most.
VERVE PRESENTS

FUN GAMES AND RIDDLES

- Scavenger Hunt
- Crossword Puzzle
- Trivia Quiz

THIS MONTH’S GAMES!!
SCAVENGER HUNT

Find something:
THAT MAKES YOU HAPPY

Find something:
WITH WHEELS

Find something:
WITH BUTTONS

Find something:
THAT STARTS WITH YOUR NAME'S FIRST LETTER

Find something:
MADE OF WOOD

Find something:
WITH NUMBERS ON IT

Find something:
THAT SMELLS NICE

Find something:
WITH A FACE ON IT

Find something:
THAT YOU MADE
Cricket

Across
2. The shot that ensures the ball lands directly outside the rope is called _____.
4. One half of the ground is called _______ and the other side is called leg-side.
5. If a bowler’s foot crosses the popping crease while delivering the ball then, it is called a _________. The ball bowled that is directed above waist of the batsman without pitching on the ground is a _________ too.
8. A ball that is bowled away from the batsman and moves wide of the return crease on the off-side at the batting end is called ________.
9. The ball hit by the batsman crosses the boundary rope by rolling on the ground. Then, it is called a boundary or _________ runs.

Down
1. The person facing the bowler is called _______ and the opposite end is called non-__________.
3. It is a way of getting out where the batsman misses the ball bowled and the stumps behind are disturbed.
6. When a batsman gets out, it gives opportunity to the next person on the batting side to play until 10 players out of 11 are dismissed in various ways. Bowled, Caught, Run-out, LBW, and Stumped are the most common ways of getting an ________.

7. A _______ stands for leg-before wicket.
10. It is the basic unit of scoring in cricket. It is scored when a striking batsman hits the ball bowled and runs between the stumps along with non-striker. It is usually scored in ones, twos, and threes.
ANSWERS:

ACROSS:
2. six
4. offside
5. noball
8. wide
9. four

DOWN:
1. batsman
3. bowled
6. out
7. LBW
10. run
T.R.I.V.I.A

Q.U.I.Z

1. WHAT IS THE NAME OF THE COFFEE SHOP WHERE THE FRIENDS GANG HANGS OUT?

2. WHAT IS THE LAST NAME OF ROSS, MONICA AND THEIR PARENTS?

3. WHAT WAS THE NAME OF JOEY'S IMAGINARY CHILDHOOD FRIEND?

4. WHAT DID CHANDLER DO FOR A LIVING?

5. WHAT IS THE NAME OF ROSS’S PET MONKEY?

6. WHICH TWO FRIENDS CHARACTERS GOT MARRIED IN LAS VEGAS?

ANSWERS:

1. CENTRAL PERK
2. GELLER
3. MAURICE
4. STATISTICAL ANALYSIS AND DATA RECONFIGURATION
5. MARCEL
6. ROSS AND RACHEL
CHICKEN STRIPS

Serves 2– prep 40 min– bake 20 min

Chicken Marinade
boneless skinless chicken
milk
lemon juice
sugar
cornstarch
Red Hot Sauce
pepper

Chicken coating
regular breadcrumbs
all-purpose flour
onion powder
salt or garlic
salt
pepper
shortening or oil,

Take a small bowl and combine milk, lemon juice and sugar and then whisk in the cornstarch.
Add in the hot sauce and pepper.
Then add the chicken and coat it properly and rest it for 30 mins.

Fry the chicken until its golden-brown.
And voila! your strips are ready!

Nutritional Analysis
Per serving
165 calories, 31 g of protein, and 3.6 g of fat
Lassi

2 litre milk
1/2 teaspoon saffron
1 tablespoon sliced, chopped pistachios
2 tablespoon water
1 1/2 litre boiling water
3 cup sugar
1 tablespoon sliced, chopped almonds
1/2 teaspoon powdered green cardamom
2 tablespoon lime juice

1. Take 2 cups curd (plain yogurt/dahi) in a deep vessel or a pot. Add 3 tablespoons sugar and 1/4 teaspoon cardamom powder. Whisk it using a hand beater or a wired whisk or a mathani or a hand blender until smooth. Add 1/2 cup water or milk.

2. Whisk again for 1-2 minutes or until a nice frothy layer on top and sugar dissolves completely. Sweet Lassi is ready for serving. Pour into two individual serving glasses and garnish with chopped mixed nuts.

Nutritional Analysis

Per serving
183 calories, 6.4 g of protein, and 9.8 g of fat
DESSERT PARADISE

RASMALAI

Prepare the Chena
Take a deep bottomed saucepan and boil 1 1/2 litres of milk at a high flame. Once the milk starts boiling, turn off the flame. Mix water with lemon juice and add into the hot milk. Once the milk starts crumbling, drain out the excess water using a muslin cloth and tightly tie the crumbled milk extracts in the cloth. Put it aside for 15–20 minutes.

Prepare the Sugar Syrup
Rub the chena till it’s soft like white butter and you can make a dough out of it. Once done, make some balls with the dough and press them a little. Repeat the process till the dough is finished. Cover them with a wet cloth and then prepare the sugar syrup. For the same, put a kadhai over medium flame and add 2 cups of sugar in it along with 1 1/2 litre hot water. Just boil the water and your sugar syrup is ready, add your rasmalai in the sugar syrup and boil for 5 minutes. The rasmalais will turn double and this is the indication to turn off your flame.

Prepare the saffron milk for Rasmalai
Take a deep bottomed pan and boil the remaining milk in it. Once the milk starts boiling, add saffron in it along with chopped pistachios and almonds. Allow this milk blend to attain a slightly thick consistency for about 5–7 minutes. Now, add 1 cup sugar in it and mix well. Once the milk blend is reduced to half, turn off the flame and transfer it to a bowl.

Dip the sweet balls and indulge in the goodness!
Now, add the sugar syrup in a bowl filled with ice cubes. Add the rasmalai in this hot–cold sugar syrup one by one. Keep them in it for 2 minutes and then squeeze the extra water and add the rasmalai in saffron milk. Let the rasmalai soak for 3–4 hours to absorb the creamy texture of the milk. It tastes best when served chilled!

Nutritional Analysis
Per serving
220 calories, 6g of protein, and 7.7 g of fat

2 litre milk
1/2 teaspoon saffron
1 tablespoon sliced, chopped pistachios
2 tablespoon water
1 1/2 litre boiling water
3 cup sugar
1 tablespoon sliced, chopped almonds
1/2 teaspoon powdered green cardamom
2 tablespoon lime juice

Serves 6– prep 10 min- cook 45 min–rest 30min

Dip the sweet balls and indulge in the goodness!
ON COVER: ICE SPICE & PINKPANTHERESS ON THEIR LEAD SINGLE "BOY'S A LIAR PT.2"

APRIL PLAYLIST

[Spotify logo]
<table>
<thead>
<tr>
<th>QTY</th>
<th>ITEM</th>
<th>AMT</th>
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<tbody>
<tr>
<td>01</td>
<td>DIE FOR YOU (WITH ARIANA GRANDE) - THE WEEKND</td>
<td>3:53</td>
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<tr>
<td>02</td>
<td>GOLDEN HOUR - JVKE</td>
<td>3:29</td>
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<tr>
<td>03</td>
<td>BOY’S A LIAR PT.2 - PINKPANTHERNESS - ICE SPICE</td>
<td>2:11</td>
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<tr>
<td>04</td>
<td>CUPID-TWIN VER. - FIFTY FIFTY</td>
<td>2:54</td>
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<tr>
<td>05</td>
<td>WHARF TALK (FEAT. A$AP ROCKY) - TYLER, THE CREATOR</td>
<td>3:24</td>
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<tr>
<td>06</td>
<td>KILL BILL - SZA</td>
<td>2:34</td>
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<tr>
<td>07</td>
<td>SEE YOU AGAIN (FEAT. CHARLIE PUTH) - WIZ KHALIFA</td>
<td>3:50</td>
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<tr>
<td>08</td>
<td>PEOPLE PT.2 (FEAT. IU) - AGUST D</td>
<td>3:34</td>
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<tr>
<td>09</td>
<td>NAATU NAATU (FROM “RRR”) - RAHUL SIPLIGUNJ</td>
<td>3:34</td>
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<tr>
<td>10</td>
<td>I AIN’T WORRIED - ONE REPUBLIC</td>
<td>2:28</td>
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</tbody>
</table>

ITEM COUNT: 0010
TOTAL: 31:51

CARD #: **** **** **** **** 2023
CARDHOLDER: TEAM VERVE

SCAN FOR CUSTOM PLAYLIST
**BOOK RECOMMENDS**

1. **GENRE:** ROMANCE, DRAMA AND FICTION  
   **AGE RATING:** 13 AND UP  
   **DESCRIPTION:** FILLED WITH THE HEARTACHE OF FIRST LOVE AND LOSS, PLUS A TOUCH OF MAGIC, DUSTIN THAO’S YOU’VE REACHED SAM IS AN EMOTIONAL ROMANCE, WITH A POWERFUL STORY ABOUT KNOWING WHEN TO SAY GOODBYE.

2. **GENRE:** ROMANCE, DRAMA, AND FICTION  
   **AGE RATING:** 16 AND UP  
   **DESCRIPTION:** IT ENDS WITH US IS A BOOK THAT FOLLOWS A GIRL NAMED LILY WHO HAS JUST MOVED AND IS READY TO START HER LIFE AFTER COLLEGE. LILY THEN MEETS A GUY NAMED RYLE AND SHE FALLS FOR HIM. AS SHE IS DEVELOPING FEELINGS FOR RYLE, ATLAS, HER FIRST LOVE, REAPPEARS AND CHALLENGES THE RELATIONSHIP BETWEEN LILY AND RYLE.

3. **GENRE:** ROMANCE, DRAMA AND FICTION  
   **AGE RATING:** 14 AND UP  
   **DESCRIPTION:** THE NOVEL FOLLOWS A PH.D. CANDIDATE AND A PROFESSOR AT STANFORD UNIVERSITY WHO PRETEND TO BE IN A RELATIONSHIP.

4. **GENRE:** FANTASY AND ACTION  
   **AGE RATING:** 12 AND UP  
   **DESCRIPTION:** A CAPTIVATING DEBUT FANTASY INSPIRED BY THE LEGEND OF THE CHINESE MOON GODDESS, CHANG’E, IN WHICH A YOUNG WOMAN’S QUEST TO FREE HER MOTHER PITS HER AGAINST THE MOST POWERFUL IMMORTAL IN THE REALM AND SETS HER ON A DANGEROUS PATH.

5. **GENRE:** DOMESTIC FICTION AND HUMOR  
   **AGE RATING:** 13 AND UP  
   **DESCRIPTION:** RACHEL, A PROFESSOR, DATES A MAN NAMED NICK AND LOOKS FORWARD TO MEETING HIS FAMILY. HOWEVER, SHE IS SHAKEN UP WHEN SHE LEARNS THAT NICK BELONGS TO ONE OF THE RICHEST FAMILIES IN THE COUNTRY.

6. **GENRE:** HORROR AND NOVEL FICTION  
   **AGE RATING:** 13 AND UP  
   **DESCRIPTION:** OBAYOZO’S ATTEMPTS TO RECONCILE HIMSELF TO THE WORLD AROUND HIM BEGIN IN EARLY CHILDHOOD, CONTINUE THROUGH HIGH SCHOOL, WHERE HE BECOMES A “CLOWN” TO MASK HIS ALIENATION, AND EVENTUALLY LEAD TO A FAILED SUICIDE ATTEMPT AS AN ADULT.
1. **GENRE:** HISTORICAL FICTION AND MYSTERY  
2. **AGE RATING:** 13 AND UP  
3. **DESCRIPTION:** A FEMALE APOTHECARY SECRETLY DISPENSES POISONS TO LIBERATE WOMEN FROM THE MEN WHO HAVE WRONGED THEM—SETTING THREE LIVES ACROSS CENTURIES ON A DANGEROUS COLLISION COURSE.

1. **GENRE:** HISTORICAL FICTION  
2. **AGE RATING:** 12 AND UP  
3. **DESCRIPTION:** THE BOOK THIEF TELLS THE STORY OF LIESL, A LITTLE GIRL WHO IS TAKEN TO A NEW HOME BECAUSE HER MOTHER CAN’T AFFORD TO TAKE CARE OF HER. THE STORY IS TOLD BY DEATH, WHO BECOMES A CHARACTER YOU COME TO RESPECT AND EVEN FEEL SORRY FOR BY THE END. THE NARRATION PUTS AN ODD PERSPECTIVE ON THE STORY.

1. **GENRE:** ROMANCE AND DRAMA, FICTION AND CONTEMPORARY  
2. **AGE RATING:** 16 AND UP  
3. **DESCRIPTION:** THIS ROM-COM ABOUT A YOUNG WOMAN WHO AGREES TO FAKE DATE A COLLEAGUE AND BRING HIM TO HER SISTER’S WEDDING. AN ENEMIES-TO-LOVERS, FAKE-DATING, SLOW-BURN ROMANCE.

1. **GENRE:** NON-FICTION AND INSPIRATION-BASED  
2. **AGE RATING:** 15 AND UP  
3. **DESCRIPTION:** ROBERT GREENE DISTILLS 3,000 YEARS OF HISTORY INTO 48 LAWS TO HELP US UNDERSTAND HOW WE CAN MASTERFULLY ACQUIRE POWER AND AVOID BEING MANIPULATED OR CRUSHED BY OTHERS.

1. **GENRE:** FANTASY FICTION  
2. **AGE RATING:** 12 AND UP  
3. **DESCRIPTION:** ALICE SUN HAS ALWAYS FELT INVISIBLE AT HER ELITE BEIJING INTERNATIONAL BOARDING SCHOOL, WHERE SHE’S THE ONLY SCHOLARSHIP STUDENT AMONG CHINA’S MOST RICH AND MOST INFLUENTIAL TEENS. BUT THEN SHE STARTS UNCONTROLLABLY TURNING INVISIBLE—ACTUALLY INVISIBLE.

1. **GENRE:** HISTORICAL FICTION AND MYSTERY  
2. **AGE RATING:** 13 AND UP  
3. **DESCRIPTION:** A FEMALE APOTHECARY SECRETLY DISPENSES POISONS TO LIBERATE WOMEN FROM THE MEN WHO HAVE WRONGED THEM—SETTING THREE LIVES ACROSS CENTURIES ON A DANGEROUS COLLISION COURSE.
We whole heartedly thank you for all your contributions for this edition of Verve. We look forward to hearing from you with your valuable suggestions and feedbacks.

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