

Students and Staff of JSS PS participate in Dubai Fitness Challenge 30 X 30

As part of the Dubai Fitness Challenge 30X30 initiated by His Highness Sheikh Hamdan Bin Mohammed Bin Rashid Al Maktoum, Crown Prince of Dubai and Chairman of the Executive Council for Dubai Government, the students and staff of JSS Private School committed to engage in 30 minutes of daily fitness activities. For JSS PS, health and fitness has always been a top priority with the students so actively participating in an array of sport activities.

Taking on the challenge and commitment of 30 minutes of daily activity for 30 days from 20 October – 18 November 2017 the sports department of JSS PS organized several activities for its staff and students.



Teachers of Grade 1 to 5 were also actively involved in the above Fitness Drill. Teachers of Grade 6 to 10 had participated in Yoga session conducted for the same.



KG Students were happy to participate in yoga activities as part of the Dubai Fitness Challenge 2017.

Sweat is our best accessory...after our favorite running shoes of course.....