



مدرسة جيه اس اس الخاصة
JSS PRIVATE SCHOOL

Grades KG -12

JSSPS/CTP/PO/GEN/80/19-20
13 October, 2019

Dear Parents,

Fitness is the key to happiness.

We are inviting you to join JSS Private School for the national initiative 30*30 fitness challenge by joining the group and registering your activities for the same.

The Dubai Fitness Challenge (DFC) returns, from 18 October to 16 November 2019, to transform Dubai into the most active city in the world. Launched in 2017, this initiative challenges everyone in the city to complete 30 minutes of activity a day for 30 days. DFC heralds a month-long calendar of exciting fitness events and wellness-focused entertainment to keep Dubai up and on its feet. It not only cultivates fitness-focused mindsets but also inspires Dubai's residents to work towards a common goal of maintaining healthier, active lifestyles in the long run.

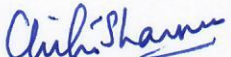
Kindly follow the link below for registration

<https://groups.dubaifitnesschallenge.com/groups/b2310cc0-5e09-4b0a-b85d-2625363bab6b/join>

Once you have registered yourself, you or your child can choose to do any of the activities and confirm that in your chosen group.

We look forward to the maximum participation in this healthy national initiative.

Kind regards,


Chitra Sharma
Principal