



Grades Pre KG to 12

JSSPS/CTP/PO/GEN/072/20-21
12th November 2020

Subject: Eco-Schools program

Dear Parents,

Greetings!

For a quarter of a century, the Eco-Schools program has been engaging young people in taking positive actions that transform their lives. From its modest beginnings in a few European countries, the program has expanded to effect change in some 59,000 schools in 68 countries across the globe.

Recognized by UNESCO and UN Environment as a world-leader within the fields of Environmental Education (EE) and Education for Sustainable Development (ESD), the Eco- Schools program is not just an economic model to lower costs, it is also a humanistic model that places the students and stakeholders at the centre of a process of change towards sustainability, connecting them to the real issues in their communities.

In keeping with the motto of JSS Private School to encourage our student leaders, the members of the eco-committee of JSS Private School would like to share some easy to do daily reminders to inculcate healthy habits among students

- Turn off the tap when it is not needed, don't let your water [consumption](#) run out of control. Save 6 litres of water a minute by turning off your tap while you brush your teeth.
- Do not waste too much water during shower, every minute you spend in a power shower uses [up to 17 litres of water](#). Set a timer on your phone to keep your showers short, sweet and water-saving. Switching to an efficient shower head will allow you to lather up in less water, which means you'll save water and cut your bills.
- [Steam your food](#) to cut water usage and retain more of the natural nutrients.
- If you do boil, try using the leftover water as a tasty stock for soups. Or let it cool and use it to water plants.
- Reduce food waste, It takes a lot of water to produce our cereal, fruit and other food.
- Use dishwashers instead of manually washing the dishes
- Regularly check your kitchen pipes and the dishwasher hose for slow leaks.
- Use a reusable bottle/cup
- Use reusable grocery bags, and not just for groceries
- Purchase wisely and recycle
- Avoid single-use food and drink containers and utensils
- Buy in bulk to reduce packaging.
- Use energy saving bulbs and appliances
- Use natural light, Turn off unnecessary lights when not in use
- Unplug devices when not in use

The environment is around us and is an essential part of human survival. It is each one's duty to take care of it. We request all our students and parent community to support the action to protect and preserve the environment. Every actions counts, so hope we can all do our bit!

Stay safe; Stay healthy; Stay connected.

Regards

Sd/-..

Chitra Sharma

Principal