



Grades Pre KG to KG2

JSSPS/CTP/PO/GEN/061/20-21
22nd October 2020

Subject: Manthan - Parenting Consciously

Dear Parents,

Before you start wondering what this is all about, (and start thinking is this another set of do's and don'ts that keeps coming up during this time of COVID 19), allow us some space to explain why this personalized letter is being sent to you. We want you to read the following questions very carefully, think about each of them long enough, mentally prepare your answers and then come back to read the remaining part of the letter:

- ❖ Do you engage in acts that foster your inner connection with yourself, or have you become so busy that you have lost this inner connection?
- ❖ What is your parenting mission, your parenting philosophy? How do you manifest this in your everyday interaction with your children? Have you mapped out a thoughtful, mindful mission of parenting?
- ❖ How often have you been “emotionally present” with your child versus being “logically present”?

Now that you have done the first part, let's move to the final part. As you might have guessed by now (and if you are confused/disturbed with these questions, we assure you that we will answer all your doubts most sensitively), we want to start an interactive platform where we can discuss some of the most pressing issues related with our growing children. This will be done in the most sensitive and professional manner. The idea is to begin at the group level to discuss things which need immediate attention from the parents to be taken care of. Some of the things include:

- ❖ What could be some of the things which would be best to avoid while dealing with your children?
- ❖ What are some of the best parenting practices (in light of the latest research based on teenage developments) which can be employed by you?

This is our humble effort to invite you into your child's world with a “conscious lens”. We understand that all this might appear to be too daunting a task to start from your end, but we do assure you that this could be the best possible endeavor you would undertake as a conscious parent for the real growth of your child.

Also there will be an opportunity to have one to one interaction with the counselors to address issues which you might like to discuss with them.

The first session of *Manthan* for our Kindergarten parents will be held on **Saturday, 24th October 2020 from 11:30 am to 12:30 am**. We would love to see each one of you as part of this innovative initiative.

Finally, the mission of *Manthan* is to reach to a state wherein we can proudly say:

At school teacher is the parent and

At home parent is the teacher

****P.S.:** If you have some extra time please do read the below poem by Khalil Gibran.

On Children

From *The Prophet* by Kahlil Gibran

Your children are not your children.
They are the sons and daughters of Life's longing for itself.
They come through you but not from you,
And though they are with you yet they belong not to you.

You may give them your love but not your thoughts,
For they have their own thoughts.

You may house their bodies but not their souls,
For their souls dwell in the house of tomorrow,
which you cannot visit, not even in your dreams.

You may strive to be like them,
but seek not to make them like you.
For life goes not backward nor carries with yesterday..

Regards

Sd/-..
Chitra Sharma
Principal