



**After School
Activities for students
of grade 1 to 9**

**JSS Private School Dubai - Vision - To provide stimulating world class education for life.
After School Activity - Cycle 3 - November 12th to December 13th 2017**

Name of the Activity :	Speechify (Public Speaking)
Name of the trainer	Ms. Rianne Iona Selwyn
Details of the trainer 	<p>Rianne is a passionate and dynamic Middle School English teacher who is well loved by all the students she mentors. Her key skill lies in helping students to develop their written and oral presentation skills. She has ten years of varied teaching experience and this is her fifth year at JSSPS, Dubai. She is a known face around the school and is focused helping the students to find their voice and become confident as well as articulate thinkers and speakers.</p>
Benefits of the activity to the students	<p>“ Speechify” classes will provide a significant training ground for the development of students' abilities and confidence with regard to public speaking. One of the biggest fears students face is speaking in public. While public speaking can be a nerve-wracking experience, it is an essential skill which requires cultivation and practice. Students who learn to effectively speak in public are not afraid of taking leadership roles, and grow in confidence and self-esteem.</p>
Cost for conducting the activity	<p>AED 350 for 10 sessions - Sundays and Tuesdays - 2.15 to 3.15 p.m. Students of grade 4 to 9 eligible to enroll.</p>
Materials that the students will have to carry for every session of the activity	A notebook and a pencil
Email id	rienne.sjssps2014@gmail.com

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Name of the Activity	"JSS Mermaid" (Swimming for girls)
Name of the trainer	Julia Abbas
Details of the trainer 	<p>Julia is qualified as a Master of Physical Education, swimming coach Siberian state Academy of Physical Culture, Russia Omsk. She has been teaching swimming since the past 20 years. She is a participant of swimming competition on federal level and is also a swimming referee. She has 8 years experience in aquatic risk management. She was Ellis & Associates licensed beach and lifeguard instructor at Wild Wadi Water park, having 8 years of experience in aquatic risk management (water rescues, First Aid, CPR). She is currently employed at JSS PS.</p>
Benefits of the activity to the students	<p>Swimming is a healthy activity that you can continue for a lifetime. It is a low-impact sport that has many physical and mental health benefits. Participants can develop endurance, muscle strength, improve coordination, balance, and cardiovascular fitness, alleviate stress and have fun.</p>
Cost for conducting the activity	<p>AED 350 for 10 sessions - Mondays and Wednesdays - 2.15 to 3.15 p.m.</p> <p>Students of grade 1 to 9 eligible to enroll.</p>
Materials that the students will have to carry for every session of the activity	<p>Swimming kit: Swimsuit, swimming goggles, latex or silicone swimming cap, a towel. No other equipment or flotation devices required, it's will be provided by the school to each individual.</p>
Email id	Julia.ajssps2014@gmail.com

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Name of the Activity	Mind and Beads (Brain/Skill Development Program)
Name of the trainer	Mrs. Supriya Prakasan / Ms. Mrudula Chikhale / Ms. Ancy Mary
Details of the trainer	All the trainers are professional trainers with excellent subject knowledge, Communication skills, Presentation skills with a proven track record in improving students' learning abilities.
Benefits of the activity to the students	The program helps children to enjoy numbers, develop their mental skills of concentration, visual memory, listening and builds their self- confidence. It incorporates a lot of fun through games & puzzles. Additionally, Brain Gym Exercises help the children to relax and energize the brain to do new tasks. Children improve their ability to learn, do their school-work faster and hence have more free time to pursue their passion.
Cost for conducting the activity	AED 350 + AED 50 per student for Course Material = AED 400 for 10 sessions - Sundays and Tuesdays - 2.15 to 3.15 p.m. Students of grade 1 to 9 eligible to enroll.
Materials that the students will have to carry for every session of the activity	Course Material and Abacus
Email id for reference.	santoshrajb@mbtc.ae/info@sipacademyuae.com

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Name of the Activity	Divergent Strokes (Painting Course)
Name of the trainer	Mrs. Cathy
Details of the trainer	Innovator and Creative person with 15 years of teaching experience in training students for various painting courses.
Benefits of the activity to the students	Painting improves the concentration skills, creativity, designing skills, finger dexterity, color sense & proportion, aesthetic skills and the overall development of the child.
Cost for conducting the activity	AED 350 for 10 sessions - Sundays and Tuesdays - 2.15 to 3.15 p.m. Students of grade 1 to 9 eligible to enroll.
Materials that the students will have to carry for every session of the activity	Painting Brush, Painting Color (different mediums), Drawing Book, Shading pencil- 2b, 4b, 6b, Fiber Castle triangular color pencil.
Email id for reference.	santoshrajb@mbtc.ae/info@sipacademyuae.com

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Name of the Activity	Train Your Brain (Fun Maths)
Name of the trainer	Mr. Kapil Bhandari
Details of the trainer (in at least 4-5 sentences).	Kapil is a B.Ed in Maths. He has more than 15 years of experience in teaching Mathematics and has successfully trained more than 1000 students to various competitive exams.
Benefits of the activity to the students	Train your brain is designed to create interest in students towards Mathematics. Children will learn short cut tricks to use Mathematics in day to day life. Children will also develop skill to solve Mathematics problems which will help them to crack competitive exams like Olympiads, KVPY, NTSE etc.
Cost for conducting the activity	AED 350 for 10 sessions - Sundays and Tuesdays - 2.15 to 3.15 p.m. Students of grade 1 to 9 eligible to enroll.
Materials that the students will have to carry for every session of the activity	Pen/Pencil and one 200 pages note book.
Email id for refrence.	supriya20036@yahoo.com, santoshrajb@gmail.com, info@sipacademyuae.com

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Name of the Activity :	Sounds of Strings (Guitar)
Name of the trainer	Mr. Arnold Jenson
Details of the trainer	Arnold is an excellent teacher. He is friendly and is able to adapt easily to children. He has completed a Diploma in Music, Singapore and is well versed in Theory of Music and instruments. He loves to play (Keyboard, Guitar and Drums) and is also specialized in Vocal training.
Benefits of the activity to the students	Preparing for the Trinity/ABRSM music exams, brushing up on musical skills, or learning to play a musical instrument
Cost for conducting the activity	AED350 + Material cost of AED 50 = Total Cost AED 400 Sundays and Tuesdays - 2.15 to 3.15 p.m. Students of grade 1 to 9 eligible to enroll.
Materials that the students will have to carry for every session of the activity	Guitar and provided course material .
Email id for reference.	supriya20036@yahoo.com , santoshrajb@gmail.com , info@sipacademyuae.com

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Name of the Activity	Goal Getter - Soccer
Name of the trainer	Subodh Dhyani and Mukesh Dubey
<p data-bbox="94 354 394 386">Details of the trainer</p> <div style="display: flex; justify-content: space-around;">   </div>	<p data-bbox="905 354 1986 516">A coach, teacher and trainer with 12 year experience Subodh is expert in planning and modifying skill and activity according to learner. Subodh is a professional who believes that everybody can learn and perform in their own unique style. He is currently the Head of the Sports Department at JSS PS.</p> <p data-bbox="905 548 1986 711">Mukesh is a friendly and energetic sports teacher who is very popular with the students. He has seven years of varied coaching experience. He is a dedicated teacher with the innate talent to assist students become confident, and to play more competitive sports. He is a sports teacher at JSS PS.</p>
Benefits of the activity to the students	<p data-bbox="905 747 1986 867">Soccer helps kids stay fit and healthy, it increases coordination, improves strength and enhances flexibility. It involves teamwork which is a skill needed to be successful in school, work and family!</p> <p data-bbox="905 899 1986 980">Playing soccer boosts self-confidence and self-esteem. It also promotes cognitive development. Most of all soccer is fun.</p>
Cost for conducting the activity	<p data-bbox="905 1084 1986 1159">AED 350 for 10 sessions - Mondays and Wednesdays - 2.15 to 3.15 p.m. Students of grade 1 to 9 eligible to enroll.</p>
Materials that the students will have to carry for every session of the activity	<p data-bbox="905 1193 1986 1226">Soccer shoes, sports dress</p>
Email id for reference	<p data-bbox="905 1307 1986 1339">sports@jsspsdubai.com</p>


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Name of the Activity :	Stroke Stars - (Swimming boys)
Name of the trainer	ANILKUMAR O.K
Details of the trainer	<div data-bbox="667 363 842 597" data-label="Image"> </div> <p data-bbox="1003 358 1955 516">Anil is a member of the World Swimming Coaches Association(WSCA) - Dry land Certified . He is also a member of the American Swimming Coaches Association (ASCA) and a Master Trainer in NGC. He is currently employed with JSS PS.</p>
Benefits of the activity to the students	Swimming as well as being fun, is a great way to keep fit, stay healthy and make friends. Swimming is a healthy activity that you can continue for a lifetime. It is a low-impact activity that has many physical and mental health benefits.
Cost for conducting the activity	AED 350 for 10 sessions - Sundays and Tuesdays - 2.15 to 3.15 p.m Students of grade 1 to 9 eligible to enroll.
Materials that the students will have to carry for every session of the activity	Swimming kit(swimming costume, cap, goggle, towel,)
Email id	Anilkumar.ok1@gmail.com


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Name of the Activity	Cricket
Name of the trainer	Nisha ali
Details of the trainer 	Nish is a certified 'ICC' LEVEL 1 COACH ,BCCI LEVEL O COACH . CURRENT UAE PLAYER. She is currently employed with JSS PS.
Benefits of the activity to the students	Students will learn the basics advance techniques of the sport. Which will enhance their skills, and will be fruitful for the school as well in the formation of the school team.
Cost for conducting the activity	AED 350 for 10 sessions - Mondays and Wednesdays - 2.15 to 3.15 p.m. Students of grade 1 to 9 eligible to enroll.
Materials that the students will have to carry for every session of the activity	Sports kit, Water bottle, cricket bat.
Email id	Nisha_ali9@yahoo00.com


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Name of the Activity	BASKETBALL
Name of the trainer	LALIT THAPLIYAL
Details of the trainer :	 <p>Lalith is a physical education teacher who is currently employed at JSS PS. He is a basketball coach and a national basketball player.</p>
Benefits of the activity to the students	<p>Have you ever wondered which team sport keeps boys and girls busy no matter their age, skill level or the season?</p> <p>Basketball is a great workout that can help you burn calories (an hour of basketball can burn 630-750 calories), build endurance, improve balance and coordination, develop concentration and self-discipline, build up muscles. It is a great way to stay fit. Basket ball can help you to make new friends and it also teaches you about being a good team player</p>
Cost for conducting the activity	<p>AED 350 for 10 sessions - Mondays and Wednesdays - 2.15 to 3.15 p.m.</p> <p>Students of grade 1 to 9 eligible to enroll.</p>
Materials that the students will have to carry for every session of the activity	Sports kit, Water bottle,
Email id	Lalitthapliyal9@gmail.com


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Name of the Activity	Shuttle Shots (Badminton)
Name of the Trainer	Monnappa . I . B
Details of the trainer	 <p>Monnappa is a qualified Karnataka State Athletic Association Coach since 2004. He has represented District Level Sports meet in Karnataka State. He has been training students in Badminton since 2000. He is currently a PE teacher at JSS PS.</p>
Benefits of the activity to the students	Badminton improves muscle tone, playing badminton builds and tones the quads, glutes, calves and hamstrings. In addition, the core muscles, arm and back muscles get a workout as well. It is also known to promote physical fitness, and it helps to reduce stress and anxiety.
Cost for conducting the activity	<p>AED 350 for 10 sessions - Mondays and Wednesdays - 2.15 to 3.15 p.m.</p> <p>Students of grade 1 to 9 eligible to enroll.</p>
Materials that the students will have to carry for every session of the activity	Shuttle Racquet, Net, Markers, Masking tape. Shuttle cocks (Birdie)
Email id	monnappa.jssps@gmail.com

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Name of the Activity	Warriors Champs (Karate)
Name of the trainer	Manikandan C
Details of the trainer 	Manikandan C is confident karate coach,he is a 3rd dan black belt and is an authorized examiner for belt exams by the UAE Gov.
Benefits of the activity to the students	With the confidence we can change world and Karate will build kid's confidence as well as flexibility, body strength, increases concentration level, self defense and it will help them to face emotional and physical problems.
E is Cost for conducting the activity	AED 350 + AED 80 for the costume = AED 430 for 10 sessions - Mondays and Wednesdays - 2.15 to 3.15 p.m. If the student has the karate costume, then the cost is AED 350 for 10 classes. Students of grade 1 to 9 eligible to enroll.
Materials that the students will have to carry for every session of the activity	Karate costume
Email id	<ul style="list-style-type: none"> • karategoldenstar@gmail.com

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Name of the Activity	BORN TO DANCE (Western Dancing)
Name of the trainer	Vinod Sequeira
Details of the trainer 	Vinodh has been teaching Bollywood dance for the past 28 years. Dance styles include , western free style, Indian folk dance, salsa, ballroom, jive, cha cha cha, hip-hop, Michel Jackson dance, break dance etc. He has give more than 7,000 shows in Middle East and All over India and won more than 250 awards in state level in India /Middle East. He was a finalist in 2013 India Got Talent.
Benefits of the activity to the students	Dancing is good for health. It helps students exercise. It builds self-confidence, as students have opportunities to participate in many competitions
Cost for conducting the activity	AED 350 for 10 sessions - Mondays and Wednesdays - 2.15 to 3.15 p.m. Students of grade 1 to 9 eligible to enroll.
Materials that the students will have to carry for every session of the activity	Track pant, shoes and water bottle
Email id	<u>vinodoceankids@gmail.com</u>

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TERMS and CONDITIONS - Kindly go through the same before signing up.

- ✦ The ASA at JSS PS is an optional program. Children are free to opt for the program of their choice.
- ✦ Enrollment in more than one activity is allowed, provided the days of the programs do not clash. Please go through the days of the program prior to registering.
- ✦ Students have to enroll by the registration date mentioned by the school for the particular cycle.
- ✦ Enrollments during the middle of the program will not be encouraged, however if the student enrolls late he/she will have to pay the enrollment fee for the entire 10 classes (grade 1 to 9).
- ✦ No transfer to other program will be allowed once the activity is selected, it must be completed.
- ✦ Enrollments done in between the cycle will have to be authorized by the trainer to ensure that the student does not miss out on the course content.
- ✦ Students are requested to be present for all the 10 classes. If for any reason the student is absent the trainer is not responsible to make up for the sessions missed by the student, nor will any fees be refunded to the student.
- ✦ If for any reason the class is cancelled by the school/trainer, it will be the responsibility of the school to ensure that the class is made up to the student.
- ✦ Parents are requested to encourage their child to carry the required materials for the activity. Course content cannot be redone as a result of the negligence of not having the required materials for the activity.
- ✦ Kindly provide your child with required snacks, water and change of clothes to keep him/her comfortable in the activity.
- ✦ Transportation will be provided by the school after the activity. If your child travels home with the parent, kindly do inform the school accordingly.
- ✦ Students of the KG2 section will be picked up by the trainers as soon as the class concludes. The trainers are responsible and will have a full time staff to take care of the comfort levels of the students. Students will disperse at 2.00 p.m. from school.
- ✦ All students will be dropped to their busses at the conclusion of the activity by the trainer in charge.
- ✦ Kindly note that a particular program will be conducted only if the minimum number of students for that particular activity have been obtained . If the program is not being conducted because of lack of enrolments the school will inform the parent accordingly and the student will be allowed to opt into another program or the money will be reimbursed to the parent.

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Dates for conducting the ASAs for Cycle 3

Starting Date for all the Sunday, Tuesday activities 12.11.17

Starting Date for all the Monday Wednesday activities 13.11.17

Given below is the scheduled dates for all activities that fall on Sundays, Tuesdays and Mondays, Wednesdays

	Sundays & Tuesdays	Activities	Time	Mondays and Wednesday	Activities	Time
		<i>Grade 1 to 9 activities</i>			<i>Grade 1 to 9 activities</i>	
1	12.11.17 - Sunday	Speechify - Public Speaking	2.15 - 3.15	13.11.17 - Monday	Goal Getter - Soccer	2.15 - 3.15
2	14.11.17 - Tuesday	Sound of Strings - Guitar	2.15 - 3.15	15.11.17 - Wednesday	JSS PS - Mermaid(Swimming for girls)	2.15 - 3.15
3	19.11.17 - Sunday		2.15 - 3.15	20.11.17 - Monday		2.15 - 3.15
4	21.11.17 - Tuesday	Mind and Beads (Abacus)	2.15 - 3.15	22.11.17 - Wednesday	Cricket	2.15 - 3.15
5	26.11.17 - Sunday	Stroke Stars (Swimming for boys)	2.15 - 3.15	27.11.17 - Monday		2.15 - 3.15
6	28.11.17 - Tuesday		2.15 - 3.15	29.11.17 - Wednesday	Shuttle Shots - Badminton	2.15 - 3.15
7	03.12.17 - Sunday	Train Your Brain (Fun Maths)	2.15 - 3.15	04.12.17 - Monday	Fun with Basket Ball	2.15 - 3.15
8	05.12.17 - Sunday		2.15 - 3.15	06.12.17 - Wednesday	Warrior Champs - Karate	2.15 - 3.15
9	10.12.17 - Sunday	Divergent Strokes (Painting)	2.15 - 3.15	11.12.17 - Monday	Born to Dance - Western Dance	2.15 - 3.15
10	12.12.17 - Tuesday		2.15 - 3.15	13.12.17 - Wednesday		2.15 - 3.15

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(Registration Form - to be filled by the parent after reading the terms and conditions of the ASA program)

Date of enrollment: _____

I Mr./Mrs. _____ parent of _____ gender (M/F) _____ studying in grade/section _____
 _____ would like to enroll my child for _____ and _____ activity of cycle 3 of the ASAs from
 November to December 2017.

Total Amount Payable by me AED _____ My child will be using school transport (yes) / (no) _____ If yes :
 His/her bus number is _____ Contact number : (Land Line) _____ Mobile No. of father:
 _____ Mobile No. of mother: _____ Signature _____

Sr. No.	Name of the Activity	Cost for 10 classes	Additional course material	Total payable	Sr. No.	Name of the Activity	Cost for 10 classes	Additional course material	Total payable
1	Soccer	350	NIL	350	8	Painting	350	NIL	350
2	Swimming Girls	350	NIL	350	9	Public Speaking	350	NIL	350
3	Cricket	350	NIL	350	10	Guitar	350	50	400
4	Badminton	350	NIL	350	11	Fun Mathematics	350	NIL	350
5	Basket ball	350	NIL	350	12	Abacus	350	50	400
6	Karate	350	80	430	13	Swimming boys	350	NIL	350
7	Western Dancing	350	NIL	350					